

# St. Joseph Catholic Church

## Richardson, TX

### Confirmation 2023-2024

#### (English)



### Youth Ministry Staff

**Director:**

Ojas Inamdar  
*ojasi@stjosephcc.net*

**Associate Director:**

David Sanchez  
*davids@stjosephcc.net*

**Youth Ministry Assistant (Bilingual):**

Mercedes Mendiola  
*mmendiola@stjosephcc.net*

# Youth Confirmation Paperwork Checklist 2023-2024

## Year 1 & Year 2

\_\_\_ Attend weekly Faith Formation Sessions & Sunday Mass

## Year 2 Only

\_\_\_ Attend 4 Confirmation Super Sessions with at least 1 Parent/Sponsor. (See Handout for Dates)

\_\_\_ Turn in Sponsor Form by **October 18**

\_\_\_ Turn in Saint Report by **November 15**

\_\_\_ Attend Middle School or High School Retreat (See calendar for dates)

\_\_\_ Complete Confirmation Interview in the **Spring Semester of your 2<sup>nd</sup> Year**

\_\_\_ Participate in the monthly Family Faith Challenges

\_\_\_ Complete 4 Service Challenges (2 should be with a parent or your sponsor) **March 20**

\_\_\_ Attend Reconciliation as a family before the Sacrament of Confirmation (Check parish website for Confession times)

\_\_\_ Attend Confirmation Rehearsal with Sponsor: **Date TBD**

\_\_\_ Arrive for Confirmation Mass 1 hour early with Sponsor **Date TBD**

**All forms should be turned in online.**

**You can find all forms and more information on our website:**

**<https://josephcatholic.org/youthconfirmation>**

### Questions?

Middle School: David Sanchez, [davids@stjosephcc.net](mailto:davids@stjosephcc.net)

High School: Ojas Inamdar, [ojasi@stjosephcc.net](mailto:ojasi@stjosephcc.net)

Youth Ministry Assistant: Mercedes Mendiola, [mmendiola@stjosephcc.net](mailto:mmendiola@stjosephcc.net)

## 2<sup>nd</sup> Year Confirmation Super Sessions 2023-2024

**\*Attendance is required for all 2nd Year Students & at least 1 Parent.  
Sessions will be offered in both English & Spanish.**

**Locations:** Dining Hall (English)  
Upper Room (Spanish)

**Wednesdays: 6:15-7:45pm**

**Please mark your calendar with the dates below:**

Session 1 (Oct. 18): Salvation and Baptism. How Confirmation relates to Baptism.

Session 2 (Nov. 15): The Transforming Power of the Eucharist

Session 3 (Feb. 21): Who is the Holy Spirit? The Gifts of the Holy Spirit

Session 4 (Mar. 20): Made for Community & Mission

### **Questions?**

Middle School: David Sanchez, [davids@stjosephcc.net](mailto:davids@stjosephcc.net)

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# **St. Joseph Confirmation Policies**

Parents and Sponsors of our Confirmation Candidates are expected to participate in their own ongoing faith formation as well as support their Candidate throughout the preparation process. This period of preparation for the Sacrament of Confirmation is important for you and your child. One of the biggest complaints I hear from youth ministers, Priests, and parents, is that after Confirmation teens seem to drift away from the Church. It does not have to be this way. The more reverence, respect, and preparation for the Sacrament of Confirmation we model as parents at home, the more our children will learn the power and importance of this Sacrament and our Catholic Faith

## **Parents**

Parents should make it a priority to spend time to help prepare their son/daughter at home before, during, and after Confirmation through prayer, discussion, and encouragement. Parents are key in the spiritual formation of their children, without the witness of the parents, any instruction is greatly hindered. Parents agree to attend weekly Mass with their teen and ensure that the Sacrament of Reconciliation is practiced by you and your child at least once during the year prior to Confirmation.

## **Sponsors**

Sponsors are required to attend the Virtual Sponsor Meeting on February 8<sup>th</sup> at 7pm via zoom. At this meeting you will be briefed on the role of the sponsor in the life of the candidates, important dates for Confirmation, and more.

## **Candidates and Parents**

We have reviewed and agree to complete the requirements proposed by the parish and begin our journey with prayer and dialogue with our Catholic family. We will continue to grow in faith by weekly attendance of Sunday Mass and Faith Formation. We will use our skills and time for Christian Service as a family. We will ask the help of Our Father, Son, and Holy Spirit in our Commitment

## **Attendance**

We take attendance at all sessions. Attending these sessions is not designed to be a check list, rather a chance to build authentic community with your peers while discovering the depth of your personal faith. Confirmation candidates are asked to faithfully attend Sunday programming. For teens attending who miss more than 3 Sunday sessions, their family will be contacted to see if this is the best time for your teen to prepare to receive the Sacrament.

# 2<sup>nd</sup> Year Confirmation Service Challenges

All 2<sup>nd</sup> Year Confirmation Youth must complete 4 Service Challenges for the Year.  
All Service Challenges must be documented in our online form that can be found at  
<https://josephcatholic.org/youthconfirmation>

Each Service Challenge must be documented separately  
in the online form.

**For Service Challenges, each time-of-service counts as a service challenge (must be at least 1 hour long).**

For example, if you are an altar server, and you serve at 6 Masses, that counts as 6 Service Challenges. If you volunteer at the parish festival, that counts as 1 Service Challenge.

Service Challenge Ideas are listed below. If you are unsure if something will count as a service challenge, please contact Ojas Inamdar at [ojasi@stjosephcc.net](mailto:ojasi@stjosephcc.net)

## **Church Ministries**

Liturgical Ministries

- Altar Server
- Usher
- Greeter
- Lector

Assistant Catechist for K-5

Babysitting in the St. Joseph Nursery

Mass Music Ministry

Welcome Ministry

Family Mission Weekend

Vacation Bible School

Any other St. Joseph Ministries

- Knights of Columbus, Men's Club,  
Women's Guild, etc.

Lenten Fish Fry

Multi-Cultural Ministry Celebrations

Parish Festival

Ministry Fair

## **Outside Service Events**

Feed My Starving Children

Animal Shelter Volunteer

School Service Events

Nursing Home Visits

Food Banks

Homeless Shelters

Other Service Non-Profits

## **Things that Do Not Count**

Household Chores

Babysitting Family Members

Getting paid to do something

Family Obligations

# FAMILY FAITH CHALLENGES

Please complete 4 Family Faith Challenges & log them on the online form.

## October - Pray the Rosary with your family.

October is the Month of the Rosary. Take time to pray the rosary as a family or start small and just pray a decade. You can choose to join St. Joseph parish on Thursday, October 8 where we will have day-long activities at the parish for a Diocesan-wide Rosary Crusade. October also kicks off 40 Days for Life. As a family you can pray the rosary with the special intention to save the lives of the unborn. Take a picture of your family praying and share with us!

## November - Pray the Divine Mercy Chaplet

The month of November is dedicated to the Holy Souls in Purgatory. Praying the Chaplet of The Divine Mercy, which Our Lord encouraged St. Faustina to say, is also of tremendous help to these souls. Our Lord even went so far as to say to her: "My daughter, encourage souls to say the Chaplet which I have given you. It pleases Me to grant everything they ask of Me by saying the Chaplet. When hardened sinners say it, I will fill their souls with peace and the hour of their death will be a happy one" (Diary, 1541).

## December - Go to Reconciliation as a Family

Most of the Month of December is Advent. Advent is a time of waiting and preparation for Christmas, the celebration of the birth of Christ. We are encouraged to go to confession during this time so that we can have a strong relationship with God during the Christmastide. Take your family to Reconciliation to free up space for Jesus. the church offers Confessions Monday, Wednesday, and Friday at 5 PM or Saturday at 8:30 AM.

## January - Start the New Year with Jesus

Every new year, we tell each other to start the year off right. This usually means to make good decisions. What better decision is there than hanging out with Jesus! Go to a holy hour (Adoration) as a family. Use this time to thank God for the past year and ask Him to bless your family for the upcoming year. St. Joseph Parish offers Eucharistic Adoration Mondays, Wednesdays, and Fridays in the chapel.

## February - Attend a Daily Mass as a Family

February is the Month of the Holy Family. The Holy Family is the perfect example for us to emulate. Jesus, Mary and Joseph prayed together as a way to live out their Faith. As a family, it is important to remember to pray together. As a Catholic, the highest form of prayer is the Mass. We are called to attend Mass every Sunday but can go every single day of the week! Carve out an hour during the week to attend Daily Mass as a Family and offer up the Mass for your family members.

## March - Pray the Stations of the Cross as a family.

Praying the Stations of the Cross and remembering the passion of Christ is a longstanding tradition within the Catholic faith. This Lent, pray the Stations together. You can pray them communally at church, follow along with a virtual Stations experience, or even create your own living stations with your children.